



LIABILITY RELEASE AND INDEMNIFICATION FORM FOR MINOR TRAVEL

I, the undersigned participant and parent, request voluntary participation for minor to travel to and from USA Swimming events for the dates from, September 2024 through, August 2025.

I consent to my/minor's participation in traveling to and from USA Swimming events and acknowledge that the I fully understand my/minor's participation in travel may involve risk of serious injury or death, including losses which may result not only from my/minor's own actions, inactions, or negligence, but also from the actions, inactions, or negligence of others. This includes all travel to and from the event arranged by California Capital Aquatics & Northern Sierra Swimming including but not limited to all transportation being plane, boat, train, van, car, airline and/or chartered plane paid either by the participant or travel paid or reimbursed by CCA or NSS. I understand that if I have any risk concerns regarding travel, I should discuss the risks associated with my/minor's participation with the activity coordinators and event staff before I sign this document and before travel begins.

Release – Minor's Rights:

In consideration of allowing Minor Participant to travel to and from USA Swimming events with California Capital Aquatics and Northern Sierra Swimming, I hereby release and hold harmless California Capital Aquatics, Northern Sierra Swimming and USA Swimming, members of its board of directors, and its officers, employees, members, volunteers, other participants, and agents (collectively, the "Released Parties"), of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that Minor Participant may have or sustain with respect to any and all damage and/or injury, of any type, arising out of his or her travel to USA Swimming events. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

(Print name of minor)

(Signature of minor)

(Date)

Release – Parents'/Guardians' Rights: In consideration of allowing Minor Participant to travel to and from USA Swimming events, I hereby release and hold harmless the Released Parties, of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that I may have or sustain with respect to any and all damage and/or injury, of any type, arising from Minor Participant's travel to and from USA Swimming events. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect. I certify that my/minor is in good health and have no physical condition that would prevent traveling to and from any USA Swimming events. Furthermore, I agree to use my/minor's personal medical insurance as a primary medical coverage payment if accident or injury occurs. I consent to emergency medical treatment in the event such care is required.

(Print name of Parent/Guardian)

(Signature of parent/guardian)

(Date)



Indemnification by Parent/Guardian:

The undersigned parent/guardian further agrees to indemnify, save and hold harmless the Released Parties from any and all claims, demands, losses, damages and liabilities for indemnities, contribution or otherwise with respect to any damage and/or injury, of any type, arising from Minor Participant's travel to and from USA Swimming events.

(Print name of Parent/Guardian)

(Signature of parent/guardian)

(Date)