## **Meet is LONG COURSE METERS (LCM)**

	W	OMEN'S EVEN	<u>TS</u>	MEN'S EVENTS		
	Number LCM		<u>SCY</u>	Number LCM		<u>SCY</u>
Friday, June 6						
200 Freestyle	1	2:20.39	2:03.09	2	2:10.74	1:53.96
100 Butterfly	3	1:11.69	1:03.19	4	1:06.79	0:58.69
200 Individual Medley	5	2:38.99	2:18.19	6	2:32.19	2:11.39
100 Backstroke	7	1:13.89	1:03.39	8	1:09.29	0:59.19
50 Breaststroke***	9	1:23.99	1:12.89	10	1:17.89	1:06.89
1500/800 Freestyle*	11	19:48.09	19:12.89(1650)	12	9:56.29	10:58.09(1000)
Catandan Inn 7						
Saturday, June 7						
200 Backstroke	13	2:36.69	2:15.39	14	2:30.09	2:09.09
50 Butterfly***	15	1:11.69	1:03.19	16	1:06.79	0:58.69
100 Breaststroke	17	1:23.99	1:12.89	18	1:17.89	1:06.89
50 Freestyle	19	0:29.89	0:26.39	20	0:28.29	0:24.69
400 Freestyle	21	4:54.49	5:29.09 (500)	22	4:38.69	5:08.06 (500)
Sunday, June 8						
200 Butterfly	23	2:38.79	2:19.69	24	2:29.69	2:10.09
200 Breaststroke	25	2:59.16	2:35.32	26	2:49.49	2:26.49
100 Freestyle	27	1:04.59	0:55.99	28	0:59.39	0:51.69
50 Backstroke***	29	1:13.89	1:03.39	30	1:09.29	0:59.19
400 Individual Medley	31	5:33.09	4:53.65	32	5:22.59	4:40.79
800/1500Freestyle	33	10:20.99	11:31.59(1000)	34	18:58.89	18:19.79(1650)

\*Timed Finals events

\*\*Breaks may be add/removed at the discretion of the Meet Referee\*\*

\*\*\*50s of Breaststroke, Backstroke and Butterfly will be seeded using 100 times

Entry times must have been achieved between 1/1/2023 and the entry deadline!

Thank you to **Placer Valley Tourism** for coordinating **SPECIAL HOTEL ROOM RATES** for this year's Summer Sanders Meet. Information can be found at the following link: <a href="https://www.placertourism.com/events/cca-summer-sanders-swim-meet/">https://www.placertourism.com/events/cca-summer-sanders-swim-meet/</a>







