



“SPOOK-TACULAR” BB+/- Swim Meet



Hosted by:
California Capital Aquatics

October 3-5, 2014

SANCTION: Held under USAS/Sierra Nevada Swimming Sanction No. 45-14

Enter online at: <http://ome.swimconnection.com/meets>

According to 202.2.8, “In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.”

According to 202.2.9.D, “Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.”

LOCATION: Roseville Aquatics Complex, 3051 Woodcreek Oaks Blvd., Roseville, CA 95747. Traveling on I-80, Take Highway 65 North; take the Pleasant Grove exit; go west on Pleasant Grove to Woodcreek Oaks and turn left, the pool will be on the right hand side.

Please check the times below – This is a SPLIT-SESSION FORMAT

TIMES:
Friday: Warm-ups begin at 4:30pm; the meet will begin at 5:30pm.
Sat & Sun: AM Session: Warm-ups will begin at 7:00am.
Meet will begin at 8:30am.
PM Session: Warm-ups will begin no earlier than 12:00pm. (Last 15min to 8u only)
Meet shall begin no earlier than 1:00pm.

**** Fridays events will be as follows:**

Course #1 (Deep end of pool) – 11+ up 1650 fastest to slowest alternating girls/boys.
Course #2 (Scoreboard end) – 11-12 200 Fly; 10&under 500 Free; any remaining heats of 1650 swam in that order. Both courses will be swam simultaneously.

Deep End	Scoreboard End
11 & Up 1650 Fastest to Slowest; Alt Girls/Boys	11 – 12 200 Fly 10 & under 500 Free
1650 must provide their own timers	Any remaining heats of 1650 to fill in

ENTRY LIMITS: Should 8-under or 12-under events on any day be estimated to last longer than 4 hours, swimmers may be required to scratch down. Entries in excess of (4) per day will not be refunded. If events are required to be scratched on any day, then deck entries will not be accepted on that day.

The meet will be capped as follows:

- Friday** – 150 swimmers
- Saturday & Sunday 13yrs and over** – 350 swimmers
- Saturday & Sunday 12yrs and under** – 650 swimmers

WARM-UPS: The last 15 minutes of the warm-ups in the afternoon will be dedicated to 8&unders ONLY.

FACILITY: An outdoor, heated 16 lane, 25 yard pool with locker rooms and rest areas. An additional outdoor, heated 5 lane 25 yard pool is available for warm up/warm down. Overflow parking at Woodcreek High School and Roseville Sports Center adjacent to pool area. Colorado Starting, Timing and Scoreboard system will be used. A state of the art Colorado Scoreboard provides a great addition to the Competition venue. The competition course has been certified in accordance with 104.2.2C(4) . The copy of such certification is on file with USA Swimming. In accordance with 202.2.9.C, the competition course has a pool depth at the deep end of 13ft at 3' 3 ½" and 12ft at 16'5" and in the shallow end is 4' 6" at 3' 3 ½" and 4'6" at 16' 5". As the pool is configured for short course, the pool depths will vary as the pool gets deeper.

RULES: Current 2014 USA Swimming and Sierra Nevada Swimming rules will govern the meet. All events are timed finals. All swimmers may swim (4) events per day, unless the entry cap is exceeded. Coaches must display their **current USA Swimming membership card with a valid Criminal Background and Athlete Protection Training expiration date, in a visible manner.** Meet programs will only be given to coaches whose cards are visible. **According to 202.2.9.H:** "Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms." Sierra Nevada Swimming and the California Capital Aquatics would like to further state that, "The use of audio or visual recording devices, including a cell phone, is not permitted behind the starting end of the pool at anytime."
According to 202.2.9.I in the 2014 Rulebook, the following statement shall be included in the Meet Announcement. "Except where the venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is not appropriate and is strongly discouraged

ELIGIBILITY: All swimmers must have a current USA Swimming Membership. The SNS Registrar will verify all swimmer memberships prior to the meet and, if valid, these swimmers will be allowed to check-in and compete. Note that Sierra Nevada Swimming does not allow swimmers to register for a USA Swimming Membership at the meet. Properly registered 19-over swimmers may enter 13-18 events, however, they will not be awarded.

CHECK-IN: The meet will be deck seeded. All swimmers, or their coach or parent, must check-in prior to the close of their event. Check-in for the first four events of each day will close a half-an-hour before the scheduled start of the meet. Swimmers must check-in for later events at least a half-an-hour prior to the estimated start of each event. **All events will be swum fastest to slowest.**

ENTRIES: Option # 1: On-line entries, enter at: <http://ome.swimconnection.com/meets> to receive immediate confirmation of acceptance. On-line entry requires payment by credit card using the Swim Connection secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. On-line meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system are completely voluntary. On-line Meet Entry is in no way required or expected of a swimmer by Sierra Nevada Swimming.

On-line entries must be received before 11:59PM on Thursday, September 25, 2014.

Option # 2: Mailed entries use a SAMMS Consolidated entry card. Entry cards must be COMPLETELY filled out and legible. The entry card may be reproduced. The meet entry card is available from the Sierra Nevada Swimming website: <http://sn-swimming.org>. **Entries must be postmarked on or before Monday, September 22, 2014, or hand delivered by 7:00PM on Thursday, September 25, 2014 to the Roseville Aquatics Complex Box marked Spook-tacular Meet Entries.**
Absolutely no late, or telephone, entries will be accepted. No refunds.

Send SAMMS entries to: **CCA SPOOK-TACULAR**
6721 5th St.
Rio Linda, Ca 95673

ENTRY FEES: **\$4.00 PER INDIVIDUAL ENTRY** (INCLUDES \$.75 age group travel fund, \$.50 senior travel fund, \$.50 Sierra Nevada Swimming. In addition there is a **\$5.00 pool surcharge per swimmer** to help cover the cost of the pool. Entry fees are non-refundable. If deck entries are accepted by the Meet Director they will be \$4.50 per event plus \$5.00 pool surcharge.
Make checks payable to: "CALIFORNIA CAPITAL AQUATICS" or "CCA"

ENTRY LIMITS: Should 8-under or 12-under events on any day be estimated to last longer than 4 hours, swimmers may be required to scratch down. Entries in excess of (4) per day will not be refunded. If events are required to be scratched on any day, then deck entries will not be accepted on that day. The meet will be capped as follows:

Friday – 150 swimmers
Saturday & Sunday 13yrs and over – 350 swimmers
Saturday & Sunday 12yrs and under – 650 swimmers

DECK ENTRIES: Deck entries will only be accepted prior to the start of the Saturday and Sunday sessions if the Meet Director determines that the 8-under and 12-under events can each be completed within four hours during that session. Deck entries will be swum for time only.
Deck entries will not be awarded

AWARDS: Swimmers 14-under will be awarded distinguished pins for 1st through 3rd place and ribbons for 4th through 8th place.
Swimmers 15–18 will be awarded distinguished pins for 1st through 3rd place only.
6-under events will be awarded separately.
Swimmers swimming in the 13-18 age group, will be awarded separately by age group, 13-14, and 15-18.

Heat Winners will be awarded at the conclusion of their race.

"A" medals will be awarded to "B" swimmers achieving new "A" times.
All awards must be picked up by the conclusion of the swim meet. Awards will not be mailed out.

The winner of the Boys 15-16 200 Free event will be presented with the Greg Connolly award for achievement, in memory of Greg Connolly. **This award will be presented immediately following the event.**

RESTRICTIONS: **E-Z up set-up will not be allowed before 1:00pm on Friday October 3, 2014.** No overnight parking is allowed by the City of Roseville at the Roseville Aquatics Complex. Smoking and the use of other tobacco products are prohibited in all areas of the meet venue. The sale and use of alcoholic beverages is prohibited in all areas of meet venue. Glass containers as well as pets are not allowed in the pool area. All tarps need to be removed from the grass areas at the conclusion of each day's competition. **(EZ Ups can stay up if they are fastened to the ground, absolutely NO TARPS or GROUND COVERS ARE ALLOWED ON THE GRASS)**. No propane heaters allowed within the facility.

The Warm-Up pool is to be used for LAP SWIMMING ONLY. No playing will be allowed in the beach entry area of the pool

COACHES: All coaches must have evidence of their USA Swimming Certification on hand. Coaches unable to present evidence of certification will not be allowed to coach on the Pool Deck. Programs will only be given to coaches whose cards are visible. Those Coaches without evidence of certification who wish to remain at the competition must sit in the spectator area."

ADMISSION: Admission is free. A three-day program will be available for \$5.00.

CONCESSIONS: A snack bar with healthful meals, drinks and snacks will be available.

OFFICIALS: **Meet Referee:** **Bill Fisher**
 Admin Official: **Bill Rose**
 Head Starter: **Ted Curley**
 Meet Director: **Pete Votava** meetdirector@ccaswimming.org

MINIMUM OFFICIALS RULE:

All certified officials with current USA Swimming registration from any LSC are welcome to work this meet. All working officials are expected to display, while officiating the meet, their current USA Swimming membership card with a valid Criminal Background and Athlete Protection Training expiration date on it. Officials dress will be white polo shirts and navy blue pants/shorts/skirts. Each team shall, by entry deadline, provide to the Meet Referee or Meet Director, a list of officials who have agreed to represent that team during the conduct of the meet. An officials meeting will begin 30 minutes prior to the start of each session. Those teams who have not provided sufficient officials shall have all their swimmers treated as “time only” swimmers in all respects for that session.

OFFICIALS’ REQUIREMENT

Number of team’s swimmers submitting entries in each meet session:	Number of trained and carded officials required per team:
0-10	0
11-25	1
26-50	2
51-75	3
76-100	4
>100	5

TIMERS: Each participating team will be assigned lanes to provide timers. These assignments will be made relevant to the number of swimmers each team has attending. Timers will be served snacks and refreshments only. Due to the nature and timing of a split session, no lunches will be served to the timers.



SUMMARY OF EVENTS

Day	8 - Under	10 - Under	11 - 12	13 -over
Friday		500 Free	200 Fly	1650 Free
			1650 Free	
Saturday	25 Free	100 IM	100 IM	200 IM
	25 Breast	50 Back	50 Back	100 Back
		100 Free	100 Free	100 Free
		50 Fly	200 IM	200 Breast
		100 Breast	200 Back	100 Fly
			100 Breast	500 Free
			50 Fly	
Sunday	25 Back	200 Free	200 Free	200 Free
	25 Fly	50 Breast	50 Breast	100 Breast
		100 Fly	100 Fly	200 Fly
		100 Back	200 Breast	200 Back
		50 Free	100 Back	50 Free
			50 Free	400 IM
			400 IM	

Please note: All events will be swum fastest to slowest.

SCHEDULE OF EVENTS

Friday October 3				Saturday October 4 - AM Session				Sunday October 5 - AM Session			
G	Group	Event	B	G	Group	Event	B	G	Group	Event	B
1	11 - 12**	200 Fly**	2	7	13 & Up	200 IM	8	39	13 & Up	200 Free	40
3	11 & Up	1650 Free	4	9	13 & Up	100 Back	10	41	13 & Up	100 Breast	42
5	10 & Un**	500 Free**	6	11	13 & Up	100 Free	12	43	13 & Up	200 Fly	44
				13	13 & Up	200 Breast	14	45	13 & Up	200 Back	46
				15	13 & Up	100 Fly	16	47	13 & Up	50 Free	48
				17	13 & Up	500 Free	18	49	13 & Up	400 IM	50
				Saturday October 4- PM Session				Sunday October 5 - PM Session			
				G	Group	Event	B	G	Group	Event	B
				19	12 & Un	100 IM	20	51	12 & Un	200 Free	52
				21	8 & Un	25 Free	22	53	8 & Un	25 Back	54
				23	12 & Un	50 Back	24	55	12 & Un	50 Breast	56
				25	12 & Un	100 Free	26	57	12 & Un	100 Fly	58
				27	12 & Un	200 IM	28	59	8 & Un	25 Fly	60
				29	8 & Un	25 Breast	30	61	11 - 12	200 Breast	62
				31	11 - 12	200 Back	32	63	12 & Un	100 Back	64
				33	12 & Un	100 Breast	34	65	12 & Un	50 Free	66
				35	12 & Un	50 Fly	36	67	11 - 12	400 IM	68
				37	11 - 12	500 Free	38				

* 6 & Under swimmers swimming in 8 & Under events will be awarded separately.

*8 & Under, 9-10 and 11-12 swimmers in 12 & Under events will be awarded separately.

*1,650 Free event is open to 11 & Up swimmers and will be awarded separately.

** NOTE: THE 1650, AND 11-12 200 FLY WILL BE SWUM AT THE SAME TIME

Please see a full list of hotel accommodations, restaurants and other activities in the area at the Placer Valley
Tourism website www.placertourism.com.

